

**The Life & (Football) Times  
of  
Reg Capstick**

From very early years I became a fan of Newcastle United, seeing my first game at St James's Park in 1949. Yet it was only when I went to teach in Leeds in 1960 that I began to play an active part in the game. I was never a good player but I found I could encourage youngsters to improve their skills and ran school teams from that year onwards, also refereeing games. I became a member of the Leeds Schools FA, as Assistant Secretary and Assistant Treasurer as well as running the line for Leeds City Boys. While in Leeds I also served as the LSFA's representative on the West Riding FA.

On taking very early retirement from teaching and returning to live in Tebay, I became involved in the running of Lunesdale United, taking over as Secretary from John James Metcalfe and also coaching the first team for several years, as well as running the line quite often. I was put forward to join the Westmorland League Executive and then the Westmorland FA Council in 1989. When I became Assistant Secretary of the Westmorland FA I resigned from the League but was made a Vice President in recognition of my work. I also resigned as Lunesdale United's Secretary to prevent a clash of interests on becoming an FA Councillor. When the Westmorland FA became more professionally run the post of Assistant Secretary was phased out but I was appointed Vice Chairman (or is it just chair?), in which post I continue to serve. I attend representative games with the County under 18 squad, which means that I am unable to watch Lunesdale as often as I would like but I still enjoy seeing them continue to encourage local talent and am delighted they are still such a well run club.

I was proud to be asked to become President of Lunesdale United after Albert Young's death and hope to continue in that role for many years. God willing.